

Fall is upon us,
and so are
not one - but
two important
elections.



Resources:

- [Voters Guide to Local Elections in BC 2026](#)
- [Voting Accessibility](#)
- [2026 Provincial Election](#)
- [Register to Vote](#)
- [Ways to Vote](#)

Local Elections

October 17, 2026 is voting day for the local general election.

Local elections are all about the kind of community we want to live in. The people we elect make decisions about our homes, neighbourhoods, schools, and community services.

These local elections include elections for:

- mayors and municipal councillors
- regional district directors
- school boards trustees
- specified parks boards
- local community commissions

Before election day, find out where and when you can vote. You can also find out what help is available to make voting accessible. Visit the website for the municipality you live in for more information.

The [Voters Guide to Local Elections in B.C., 2026](#) can help you learn about voting.

You can ask someone you trust to help you understand information about candidates or voting. Getting help does not mean someone else gets to decide how you vote.

Remember voting is both your right and your

Provincial Election

The provincial government has called an election for October 24, 2026.

This is separate from the local elections on October 17th. The party that gets the majority of the votes will form the government and their leader will be the Premier of the Province. The Province funds and oversees major public systems like health care and education, as well as energy, natural resources and social supports. It also sets province-wide laws and standards.

There are a few different ways you can vote – in advance of October 24th, and by mail. Click here for information: [Ways to Vote | Elections BC](#)

Elections BC will send a Where to Vote card to registered voters. Your Where to Vote card lists your assigned voting place on Final Voting Day and advance voting options in your area. You can use your Where to Vote card as one of two pieces of voter ID, but you don't need it to vote.

In order to vote you have to be registered.

You can register here
[Register to Vote | Elections BC](#)

Your vote is your choice.

Champions for Inclusive Health Newsletter

People with intellectual disabilities face higher rates of undiagnosed and untreated health issues, from vision and hearing problems to dental pain, obesity, and mental health challenges.

These issues can impact daily life, independence, and overall well-being.

- People with intellectual disabilities can live up to 20 years less than others, often due to preventable health conditions.
- Children with intellectual disabilities are 2-3 times more likely to be obese, increasing the risk of long-term health problems such as diabetes and heart disease.
- Many individuals with intellectual disabilities miss out on important health checks – like dental, vision, hearing, and women's health screenings – leading to issues that go unnoticed and untreated.

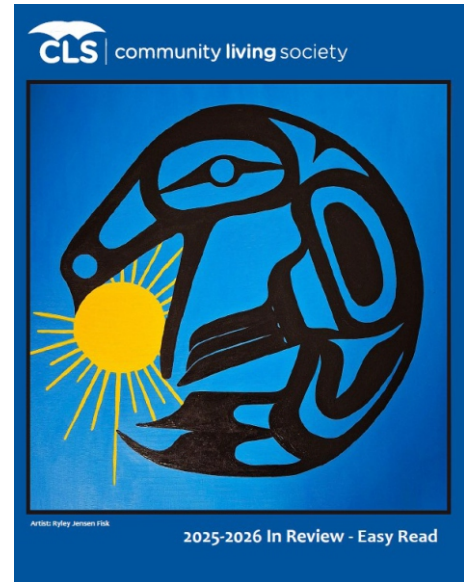
The good news is that individuals, families, caregivers, and friends can make a powerful difference. Ensuring regular doctor visits, encouraging physical activity throughout the week, supporting healthy eating habits, and paying attention to changes in behavior or mood can all improve health and quality of life. Even small steps – like daily walks, reducing sugary drinks, or asking a doctor about screenings – can have a big impact over time.

By staying informed and acting, you can help close the health gap and support a longer, healthier life.

Click on the link below for more resources and information from Special Olympics BC – Champions for Inclusive Health



Champions for Inclusive Health Newsletter:
Health Matters for Individuals with
Intellectual Disabilities



CLS Annual Report – Easy Read Version



We are pleased to introduce the Easy Read version of our Annual Report for the period April 1, 2025 – March 31, 2026.

