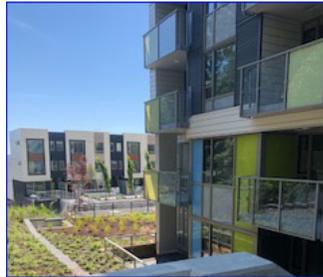


imagine it - live it

Fraserview Cooperative Development Ready for Move In



Janice Barr, Gillian Rhodes, Brenda Henderson and Anna Gao visit the new Fraserview site.



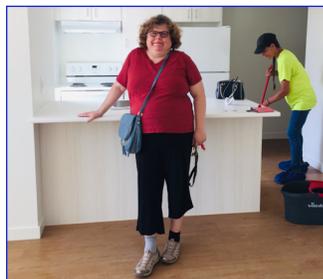
This month, we are all thrilled to see the finale of our collaboration with our partners at the Cooperative Housing Federation of BC (CHFBC). Four individuals supported in Independent Living by CLS are moving into the Fraserside River District Cooperative (a brand new development) as a pilot.



This pilot has been two years in the planning and Ashna, Akim, Cheryl and Dickson are all so excited to be part of this initiative and keen to embrace the opportunities that living in Cooperative Housing offers. We will be following their journey over the coming months and taking lots of pictures and videos to share.



CHFBC are also encouraging Co-ops across the province to include individuals with developmental disabilities into their existing and new Co-ops and, CLS is very excited about the opportunity to expand this further.



Cheryl - loving her new kitchen

Join Today!

Become a CLS Member

Date _____

First Name _____

Last Name _____

Phone _____

Address _____

Email _____

There is no fee to be a CLS member. Memberships are renewed on an annual basis at or after the Annual General Meeting.

- Members must:
 - Be 18+ years of age
 - Be interested in advancing the purposes and supporting the activities of the Society
- Members cannot be:
 - An employee or contractor of the CLS
 - An employee of the government of the Province of British Columbia or Canada whose duties are concerned with the affairs of the Society

If you would like to be a member of the CLS, please send the completed form to us via one of the following methods:

7th Floor - 713 Columbia Street
New Westminster, BC, V3M 1B2

Fax: 604.523.9399

contactus@communitylivingsociety.ca

Update from the CEO

by: Janice Barr



The weather has finally improved, and we are starting to see the signs of summer. Although the summer months are always warmly welcomed, this is not a typical summer. The backdrop of COVID 19 continues to shape our day to day decisions and, the way in which we provide support. On a positive note, our collective efforts to flatten the curve in BC has allowed us to slowly move into the next phase. This has been a welcome reprieve for the people we support, their families and CLS staff. That said, we must remain vigilant. Given the population we serve, we will need to maintain many of our safety measures until a vaccine can be developed.

Despite the safety measures and restrictions, I'm pleased to report that the people we support, and their staff have continued to find new and creative ways to enjoy these unusual times. We have included an array of pictures on

pages 6 and 7 that highlight the activities, creativity and fun we have had over that last number of months. I am truly inspired by the resilience of the people we serve and the CLS staff as we move through this pandemic.

Although the pandemic has shaped most of our work these days, some projects have continued. In June, CLS received confirmation that the Vancouver Foundation will fund another theater project. The Community Living Society, in partnership with the Canadian Institute for Inclusion and Citizenship at UBC, will be launching a three-year theater project. The topic of this project will be the importance of employment for people with an intellectual disability. Stay tuned for future developments.

Also, after many months of planning and development, 4 people we support will be moving into their own apartments in August/September. Through our partnership with Cooperative Federation of BC, CLS has been able to secure four apartments in a new building for people who want to live independently with support from CLS. We look forward to assisting these people to move into their brand-new apartments.

These are certainly challenging times but we continue to move forward and find ways to adapt to our new normal.

Resilience is based on compassion for ourselves as well for others

Sharon Salzberg



follow us



Family Matters

by: Bob Kashyap, Provincial Family Support Coordinator



Representation Agreements – A Supported Decision-Making Tool

The Representation Agreement Act was created from a philosophy that views people as capable, even if they cannot manage their own affairs or give informed consent, to provide an alternative to adult guardianship.

A Representation Agreement (RA7 All) is a legal document under the BC Representation Agreement Act which allows individuals over 19 and living with a disability, to appoint a trusted individual to help them make **supported** decisions in both emergency and non-emergency situations.

- Supported decision making is different from substitute decision making.
- Supported decision making is not just support with decision making, it is a process of supporting and celebrating the individual's capability and identity — their personhood.
- Substitute decision making is when someone takes the place of an individual who is determined incapable of managing their affairs or making decisions. The substitute decision maker acts on behalf of, and in the best interests of, the individual. This is the approach reflected in Power of Attorney legislation and health care proxy decision making.

A Representative:

- Has legal authority and the role is not temporary.
- Is always listening to the individual's communication (all forms of communication are recognized) to enable them to participate in decision making.
- Not only preserves an individual's self-determination, they strive to enhance it. Does not take the place of the individual, they act as a bridge to help third parties get to know and interact with the individual, which in turn provides opportunity for the individual to demonstrate and develop new capacities.
- Can help an adult make their own decisions and also make decisions on the adult's behalf, if necessary. The adult does not have to be labelled incapable by a health care provider to get help with decision making from their representative.

The current unusual circumstances due to COVID-19 have highlighted the benefit for individuals to have a current, up-to-date Representation Agreement in place, to access personal supports while in hospital.

To get a better understanding of the Representation Agreements watch these free webinars hosted by Nidus

- Planning for health care & personal care <https://www.youtube.com/watch?v=3pfqzlwBSps>
- Planning for financial & legal matters <https://www.youtube.com/watch?v=2V2K9lemQLA>

For assistance with a representation agreement, contact Bob Kashyap, Provincial Family Support Coordinator at the Family Support Institute (FSI) 604-540-8374 ext. 525 or 1-800-441-5403 bkashyap@fsibc.com

Welcome to our New Board Members

We are pleased to introduce three new Board Members who joined the CLS Board of Directors on July 7th at our Annual General Meeting. We look forward to their expertise in governing the CLS in the years to come.



Darius Maze

Darius Maze is a certified fundraising professional who brings his expertise in diversity, inclusion, and social justice to community engagement and development. With over five years of experience in the social service sector, he is deeply committed to supporting communities who experience social isolation and launched A-mazing Solutions to support non-profits in building relationships with these groups. Darius is the Vice Chair of the CLS Board, a member of the Governance Committee and the Culture and Diversity working group.



Wesley Ma

Wesley Ma is a Chartered Professional Accountant (CA) and Executive Director with varied business, financial, and leadership experience. Wesley is the Director of Finance, Project Management, IT, and Corporate Services of Technical Safety BC, a provincial safety regulator. Before Technical Safety BC, he was an experienced manager of PricewaterhouseCoopers where he led audit engagements for the public companies. In addition to bringing significant financial expertise to the board, he brings an in-depth knowledge of project and risk management. Wesley is a member of the Finance, Executive and Human Resources committees and is the CLS Board Treasurer.



Penny Dale

Penny is a Registered Interior Designer specializing in both single-family residential, multi-family and commercial spaces. She has an in-depth knowledge of designing for accessibility and believes that exceptional design of space can positively impact lifestyle and experiences. As a family advocate, she brings a unique perspective as both her parents live with disabilities. Today her mother is supported by Community Living Society under the Individualized Supports program. She and her parents were long-time residents of Salt Spring Island. The small-town community embedded the important influence that community plays on health and well-being, which is also a core value of CLS. She hopes that her unique background can be an asset to the Society in improving the lives of the people they support. Penny is a member of the Governance Committee.



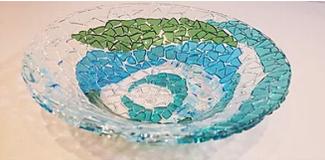
Baby Announcements



Huy Nguyen and his wife Elissa welcomed their first baby on July 2nd. Huy is the Chief Financial Officer. Congratulations and welcome to baby boy Jayden.

In April, Studio 73 partnered with The PLOT (community garden) in Newton. They came up with an idea of putting together grocery bags (care baskets) of food grown from their community garden and then donating them to local seniors. Friends of the Grove (another Newton group of volunteers working together to bring fun, peace and harmony to the Newton neighbourhood) received a grant to purchase even more groceries in order to boost the number of people they could help. They have delivered over 100 care baskets! Studio73 donated 50 magnets to add to the grocery bags to bring an extra smile to the recipients. We're so glad to have artists back at the Studio (practicing social distancing of course) to restock our magnets and create more glass products for our newly established online store www.studioseven.





Peace on Earth

Harpreet Arneja

Canada/カナダ

I chose these colours for my fused glass bowl because they make me think of the earth. The blues and green swirl together in harmony.

Studio73 artist Harpreet Arneja submitted one of her glass bowls into an art competition called Paralym Art World Cup 2020. This event originates in Japan but receives entries from all over the world. The theme for this year is “peace”. Harpreet's bowl titled **Peace on Earth** reminded her of pictures of earth she has seen as the green and blues swirl together. She is extremely proud to see her bowl on the website and enjoyed watching her online votes go up! To see Harpreet's piece go to <https://en.paralymartwc.com/> click on Gallery Search - under Search by Artist Title - type in Peace on Earth.

Pottery Works



Paper Heart - a photo by Sheri Lynn Seitz was one of many pieces of art from PotteryWorks artists chosen for the Canadian Cancer Society project.

PotteryWorks artists were thrilled to participate in the Canadian Cancer Society's “Hope” Art Collection. Some artwork was featured on BC/Yukon Canadian Cancer Society's Instagram and Facebook pages. All artists are featured in the official “We Ignite Hope” art collection.

<https://www.facebook.com/canadiancancersocietybcy/photos/pb.125945821514.-2207520000../10160596913756515/?type=3&theater>
https://issuu.com/artcollection2020/docs/we_20ignite_2ohope_2oart_2ocollection_2020.

Congratulations everyone ! Incredible work.

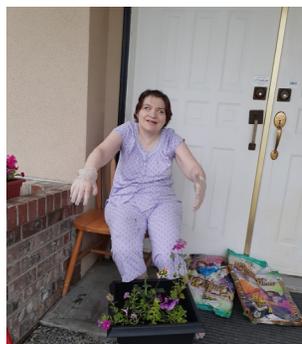
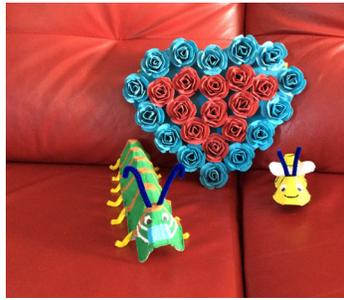
PotteryWorks artists continue to work - some at home, others at the River Market. As of July 20th, some artists returned to the studio and some limited classes have started to resume.



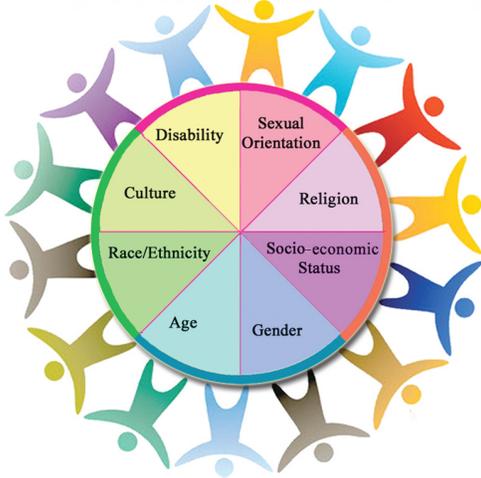
COVID-19 Weekly Challenges

These have indeed been very challenging times for everyone - globally !!! The CLS has had to turn on a dime and reinvent how we provide support. Some people chose to put support on hold, and others have been spending a lot of time at home. In an effort to keep everyone engaged, we created the “Weekly Challenges”. These “challenges” offer suggestions for fun, interactive tasks that people may not have taken part in before. Each week participants were entered in a draw for a prize. Check out some of the fun we have been having.





CLS Culture and Diversity Working Group



In parts of Asia, mask-wearing has been a key response to the COVID-19 outbreak. The government announced that each household would get two reusable cloth masks and Hong Kong residents not only wear them, but sent them to relatives abroad.

In the US and Canada, wearing a mask is seen by some as a personal infringement or an unwanted imposed obligation.

Many people cannot afford the cost of masks and are easily irritated by their glasses fogging up or they attempt to eat and are stopped short by the mask.

There is definitely a huge difference in the attitudes and cultural acceptance of wearing a mask in Asia. Asian countries are more adapted to wearing masks on a regular basis. Perhaps this is because Asia has a more dense population in most cities, or that people in the city see wearing a mask as a way of protecting both the larger society as well as oneself.

For example, in Taiwan, when you are sick you wear a mask in school or, when serving the public in the food industry, for preventing allergies, when driving a scooter for protection from cold air and air pollution. There are so many reasons for us to wear a mask.

I remember when I attended a class in my first year here in Canada from Taiwan. My teacher thanked me for wearing a mask in the class because I was sick.

With the Pandemic, mask-wearing recommendations have been broadened to help prevent infected people from spreading the virus. Currently all CLS employees are required to wear masks while working.

We now see the way of thinking about wearing a mask in Western countries has changed. Will this become the new normal? Is this new attitude going to last long? What do you think about wearing a mask for any reason - not just because of the pandemic?

Written by: "Carol" Min-Jung Lo, CLS Community Living Counsellor

Edited by: Berrita Carter-Wellington, CLS Employment Skills Developer

Carol and Berrita are both members of the CLS Culture and Diversity Working Group

Plant Life

By : Deb Power



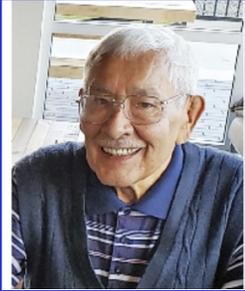
It is not enough just to bring a plant home, there are things you need to do to keep it alive.

New plants should be separated from established plants for at least one week to ensure there is no spread of pests or diseases. Even just one parasite could become thousands in a very short time. If you see a parasite take action right away.

- For most pests simply spraying them with a solution of dish soap and water will kill them.
- If there are a lot of pests consider removing the infested parts and treating the rest of the plant.
- If you don't keep the plant in isolation when you first get it, then the bugs can spread to all of your plants.

In Loving Memory

This past few months has been particularly sorrowful with the passing of five members of the CLS community. All of us at the CLS wish to extend our sincerest condolences to the family, friends and staff involved in the lives of the following community members.



Harvey Blondeau was one of the founding members of the Woodlands Parents's Group and an active Board member of the Community Living Society for many years. He was passionate about furthering the rights of people with developmental disabilities. Harvey passed away on May 1, 2020. He was the loving father to Colin.



Yvonne LeBlanc passed away on July 6th at her home in Abbotsford. Yvonne lived at the Southern home with her roommates Les and Pam. Prior to Les and Pam moving to Southern, Yvonne lived with long time roommates Desiree, Val and Julia at the Mallard home. Yvonne had been supported by the CLS since 1986 and would have been 53 this August.



Greg Winlaw passed away on June 3rd with his family by his side. Greg had been supported by the Community Living Society since 2013 and most recently lived in New Westminster. Greg turned 56 a few days before his death.



Leslie "Les" Barber passed away on June 10th. He was just shy of his 64th birthday. Les lived very briefly at the Sardis home. Prior to that he was living at the Rosewood home where he lived since 2013. Les had been supported by the CLS since 1984.



Sara Thompson lived at the Capilano home with her roommates Barbara and Leslie. Prior to Sara becoming ill, she enjoyed listening to music and being read to. She also really enjoyed beer !! Sara's health deteriorated over the last few years and just prior to her passing she moved to Lynn Valley Care Home where she passed away on July 28th. Sara would have been 65 this September.

Employee Profiles



Jenn Hart
Property & Fleet Administrator

Jenn has worked for the CLS since August, 2013 in various roles. She is a member of the Employee Representative Committee and started in her new role at the Administration Centre as Property and Fleet Administrator in April, 2020.

What brought you to the CLS?

I came to CLS through a suggestion and a slight nudge from my family over 10 years ago. I always had a passion for supporting people to live up to their full potential and exercise their rights in their day to day lives. My mom found an ad for CLS in the Vancouver Sun and suggested I apply and put my skills into a paid role. Since then I have never looked back.

What is a hobby of yours and why?

I am really interested in journaling. It is something that helps me express the many thoughts that run through my mind each day. It is also a really fun way to look back a year later and see how life has moved forward, and what has changed or remained the same. You should try it!

Would you rather go to the beach for a day or go hiking in the mountains?

I would much rather go to the beach any day. Spending my day with my toes in the sand is a huge reward at the end the week.

Where do you want to travel, but have never been?

I'd love to travel to Australia. It's on my bucket list of places to live and possibly work for a few months.

If you could meet one person (dead or alive) who would it be?

If I could meet anyone I would like it to be Ghandi. My philosophy in life is "In a gentle way, you can shake the world."



Jade Braunwell
Quality Assurance Advisor

Jade started working for the CLS in December, 2017. She has worked in various roles, including as a Coordinator. Now she is the Quality Assurance Advisor and provides valuable feedback to Leaders to ensure all documentation is in order. Since the pandemic started, Jade has been instrumental in getting the necessary supplies out to all of our staff, as well as organizing the weekly challenges and the activities and ideas that have kept everyone engaged of late.

What brought you to the CLS?

I moved here in 2017 from Montreal, Québec with the intent to find meaningful employment in the social services sector. Finding CLS has been a wonderful fit to balance my skill set and be challenged within dynamic and inspiring teams.

What is a hobby of yours and why?

I am an equestrian and have a horse named Karma who I have had since she was 3 years old – she just turned 18 this spring!

Would you rather go to the beach for a day or go hiking in the mountains?

Mountains for sure - I still can't get over how accessible they are from this city. One of my favourite parts of living in this beautiful province for sure.

Where do you want to travel, but have never been?

I would love to visit Peru to experience the culture and history but also the lush jungles and nature.

If you could meet one person (dead or alive) who would it be?

Daphne Sheldrick, a conservationist and expert in raising and reintegrating orphaned elephants into the wild and the founder of Sheldrick Wildlife Trust in Kenya.



The Pie Hole

Employment Program

“Love” is a Pie Hole Ingredient



The Pie Hole is a flourishing bakery and retail business with locations in Burnaby and Vancouver. It’s been featured on Diners, Drive-ins and Dives on the Food Network. The Pie Hole is also a trusted Inclusive Employer who honoured those in attendance at the 2020 Rotary Club of Coquitlam’s Celebration of Inclusive Employer Innovation, with their insightful and passionate words about building a team of excellence.

In this time of the Covid-19 global pandemic, The Pie Hole, like many service industry businesses has had many challenges. In the beginning days of the pandemic, Jenell Parsons - co-owner and founder of the Pie Hole, realized she would need to close down. Everyone was asked to do their part and Jenell made the difficult decision to lay off each of her 44 employees. Jenell is a very forward thinker and immediately started working on a thorough retooling of their health and safety systems, in hopes to re-open as soon possible.

Nikki and Leandra were a ‘perfect-fit’ for the jobs that became reality through CLS Employment Services. To say it was a perfect fit is actually an understatement. In March, when the lay-offs came, Leandra was very upset not be working and she worried whether she would ever be able to return. She loved working at the Pie Hole and was saving up to get her driver’s license and buy herself a rather stylish, purple Jeep. But those dreams would have to wait.

Throughout the layoff period, Jenell fielded many questions from staff about re-opening and what safety measures would be in place. She spent weeks exploring details and after considerable research and accommodations, was able to re-open in May. Leandra was the first laid off employee to rejoin the team and receive the Covid-19 health and safety orientation. Soon afterwards, Nikki returned to work. Nikki wanted extra time to better understand her risk level of contracting the coronavirus but now is eager to be back.

The team at The Pie Hole is now back up to 26 people. Leandra has perfected her apple processing skills and is now training to join the production line. Jenell concedes it may be a bit hokey to say but, “love is a Pie Hole ingredient”. It is the glue that forms her team, how each person cares for the success of the other. Love infuses the delicious food that people bring home to their families.

There is no shortage of high quality applicants wishing to work on Jenell’s team. Jenell’s commitment to building a team of excellence is wonderfully inspiring.

Submitted by: Tyler Vittie, Employment Developer



Jenell Parsons (left) and Leandra at The Pie Hole



Nikki in front of The Pie Hole

Congratulations to the following employees who celebrated working for the CLS for five years or more in July, August, and September 2020



Tiffany Ho	5
Ryan Young	5
Brittani Andrew	5
Jaclyn Macalpine	5
Xavier Luck	5
Harry Arora	5
Aamir Ali	5
Principina Rapanos	5
Nancy Aguilar	6
Kesheiya LaHaie	6
Ashley Fallis	6
Janice Lecompte	6
Mona Purewal	7
Ralph Artiza	7
Roxanne Wiseman	7
Ellen Manlulu	7
Megan Richter	8
Froilan David	8
Mobeena Azad	8
Sheila McNeil	8
Anna Gao	9
Jody Dickerson	9
Dale Eady	9

Shawn Dhillon	11
Samuka Dolley	11
Joanne Lozano	11
Carol Lo	11
Taylor Richards	11
Penny Palak	11
Karen Bitz	11
Robert Kalalo	11
Josephine Wong	12
Abdi Hussein	12
Jessy Singh	12
Ed Villar	12
Sean McLeod	13
Margie Miller	13
Brenda Henderson	13
Cary McCarthy	13
Oliver Samonte	13
Nieves Acero	14
Ausif Nawaz	15
Joseph Dube	15
Christy Caampued	15
Jodi Leech	16
Rosa Mejia-Gonzales	16
Ahmad Shahlounezhad	17
Kushma Narain	17
Nick Chitheka	17
Munira Vahanvaty	18
Rachel Strobl	19
Dave Coughtry	19

Lisa Cameron	20
Ali Hosseinzadeh	20
Max Sumner	20
Duncan Williams	22
Marni MacGillivray	23
Shaun Vecchio	23
Hassan Hussein	24
Dal Krnetic	24
Harsha Soni	24
Kevin Read	25
Tina Chevalier	25
Ken Schulz	26
Lily Frith	26
Anish Ahmed	26
Jukka Tuisku	27
Wayne Adams	28
Janice Del Valle	29
Mike Wesko	30
D'Alquen Jackson	31
Brad Peters	31
Graeme Weeks	32
Jeanne Durnion	33
Trudy McClughan	38
Isnardo Jovellanos	39

Congratulations!

**We would like to welcome all new CLS team members
and congratulate employees
who have recently been selected for the following positions**

Harrison Nguyen	Administrative Assistant
Kaitlyn Cheng	Junior Accountant

CLS Administration Centre

7th Floor

713 Columbia Street,
New Westminster, BC,
V3M 1B2

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