

## How Person Centred Active Support (PCAS) is Spreading Through the CLS...

### Ever Wonder if the Community Connections You are Supporting the Folks You Work With Really Matter?



David and the Shoppers' DrugMart employee who helped him

A parent I spoke with the other day told me a short story... One of her goals has always been to ensure her adult son knows his community, knows who to talk to in an emergency, and has always asked the staff to do the same. Introducing the folks we support to local businesses, community members and emergency services helps when someone is in need and doesn't have a staff around (for whatever reason – independent, lost etc.).

In this case David forgot his fob to get into his apartment building, at his mother's house when he went home after the weekend. When he realised he couldn't get into the building he went to the Shoppers Drug Mart and told the shopkeeper that he needed help getting into his building. The shopkeeper called the police for David to get him some help (note his CLS ID was buried in his wallet, now moved to the front). The police supported David back to his apartment safely

without a hitch, he made his way inside and found his staff to help him into the apartment. David was able to tell his staff that the lady at the local Shoppers Drug Mart had helped him. His mom was not aware that the incident had even occurred until she was later informed, but was so proud of his problem solving abilities and the support and training she and the teams have provided him with over the years to build this community safeguard!

Submitted by: Roxanne Wiseman - Director of Quality and Innovation



If anyone knows Jean, it's rare to see her out and about- let alone engaging with others. Here we see Jean helping her housemate Barb get her clothing protector on... Barb laughs and loves it. Pretty soon these two will be supporting each other and we won't need staff :)

Submitted by: Ginny Lord, Coordinator - 12th

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## Rachel - Ready to Shake the World



In the October Communicator we told you about Rachel attending the Kwantlen Polytechnic University course "Employment Program for People with Disabilities". We are excited to report that she has now completed this course. Afterwards Rachel relaxed a bit - but not for long, as the job search was on.

Rachel completed many work placements through her KPU course and thus has many new contacts and new friends in the community. She has gone on a few interviews, but has yet to meet with success. Rachel is on

the precipice of change, this she knows for sure!

Rachel has shown you can be an agent of change in your own life, as the great Mahatma Gandhi stated:

"Be the change you want to see in the world" AND  
"In a gentle way, you can shake the world."

Rachel is now shaking the world in her own way.

Rachel is not only seeking employment, she is also seeking a meeting with "Lady Gaga".

Rachel has proven that barriers, real or imagined are simply hindrances between you and the success you want to achieve in the world. She has proven that her world is becoming more inclusive every day

Rachel you're amazing!!

Submitted by: Connie Clarke, Coordinator



On April 20th the Autism Society of British Columbia hosted their inaugural year of awards that recognize and reward professionals, self-advocates, volunteers and businesses that have been vocal in their advocacy work for pushing communities towards an inclusive society where people on the autism spectrum can reach their full potential.

The Nina and Manual Pickburn Award for Outstanding Contribution was presented on behalf of the AutismBC Board of Directors. In the early 1970's Nina was a part of the founding members of the Autism Society of BC.

# Update from the CEO

by Ross Chilton, CEO

## Live Theatre Coming to New Westminster in May 2019

As you will have heard, CLS has partnered with the UBC Centre for Inclusion and Citizenship on a three year research and theatre project exploring sexuality and people with developmental disabilities. The research component is almost complete and the findings will inform the development of a live theatre production.

At this point we have secured support from a number of organizations including the City of New Westminster and the Vancouver Foundation. We are aiming for three performances to take place at the Anvil Centre in May 2019. This fall we will be seeking interest from individuals supported by the CLS to be involved as actors and in behind the scenes roles like lighting, sound, set design etc. We will also be looking for individuals that want to be involved in various positions at the performances like ticket takers and greeters.

If you are potentially interested in a role with the theatre project please contact Roxanne Wiseman by email [rwiseman@communitylivingsociety.ca](mailto:rwiseman@communitylivingsociety.ca) or by phone at 604-523-0303.

## New Partnerships Taking Shape

CLS is proud to have been chosen by the Canadian Association for Community Living (CACL) as one of the six pilot sites in Canada for the “My Home My Community” project. The goal of this initiative will be to look at how CLS can increase individualized home options for individuals with developmental disabilities. As part of this project CLS will be developing a ten year plan for the future of homes for the people we currently support as well as those we will come to support in the future. This plan will thoughtfully consider the different ways we can support a wide range of individuals from those that require 24 hour per day support to those that are looking for light touch outreach support.

Two partnerships that CLS has recently formed are quite exciting and will offer independent homes for people supported by CLS. New Chelsea Society, a highly respected non-profit housing provider, will be securing some apartments for individuals that will receive outreach support from CLS. New Chelsea Society provides “safe and affordable housing in close-

knit communities where residents are encouraged to get to know their neighbors with many on-site organized social activities”. The values alignment between our organizations will make this initiative a tremendous success.

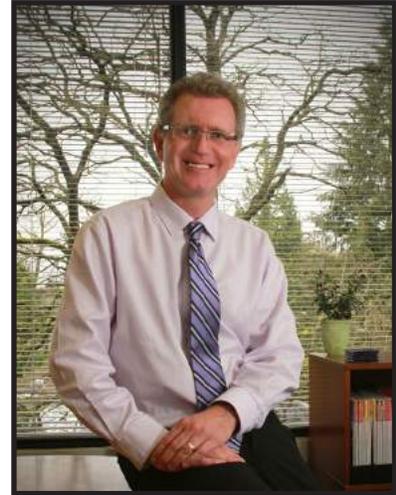
CLS has also forged a partnership with the Cooperative Housing Federation of British Columbia (CHFBC).

Cooperative housing offers a fantastic opportunity for people we support to be part of caring and sharing communities. This fall we will announce the first affordable rental homes that will become available in new Co-op housing that will be opening in Vancouver. CLS will provide the light supports that individuals require to thrive in their new homes.

We are grateful to the full support of Community Living British Columbia and BC Housing with these exciting partnerships.

## Thank you to Brian Davies

With his wife Donna and son Steve in attendance at the 2018 AGM, we acknowledged and honored the work of former Board member Brian Davies. Brian passed away unexpectedly earlier this year and is greatly missed by everyone at CLS. A gift from Studio 73 was presented to Donna and Steve in recognition of Brian’s tireless work for the organization.



## CLS Administration Centre

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# Welcome To Our New Board Members

We are pleased to introduce three new Board Members who joined the CLS Board of Directors on June 27th. We look forward to their expertise in governing the CLS in the years to come.



Vikas Patel began his career with Novartis, a Swiss Pharmaceutical company, after graduating from the IMBA program at Schulich School of Business in Toronto. Vikas worked in marketing and finance roles for Novartis in the UK and Switzerland, and ended his career with Novartis as the Head of North East Asia. After living in 8 different countries, Vikas and his wife, Junko, decided to move back to Canada and settled in Vancouver in 2007. In 2008 he purchased an IT business and grew that from a team of 9 to 25. He has recently retired and is now looking forward to a new opportunity. Vikas believes strongly in making available everything possible to help every citizen achieve their true potential.



Susan Regan is an experienced commercial real estate lender, having spent over 30 years working for financial institutions in Vancouver, of which the last 15 years have been with Vancity. She has experience working with for-profit and not-for-profit real estate development and investment organizations, and has had the opportunity to finance a variety of innovative housing projects. Her work with housing specialists aligns with her belief everyone deserves a home to call their own. Currently she is completing her Master of Arts degree in Leadership. Susan and her husband live in Langley with their two sons and one small dog, who bring them endless joy!



Reba Noel is the Manager for Student Engagement at Langara College. She has worked in the post secondary sector for 25 years in many facets of the student experience, in particular Student Recruitment, Counselling, Aboriginal Services and Student Engagement. Reba is recognized by her peers and family as a fierce advocate for ensuring that the rights and needs of those around her are equally recognized and respected. Reba has been a Homeshare provider for ten years and enjoys the opportunity to make a difference in the lives of those she supports, and their families. Reba is married and is the mother of two young adults. She is looking forward to a more formalized community role on the Board of the Community Living Society after years of supporting youth sport and extracurricular activities.

## *In Loving Memory*

*Leigh McCarthy passed away on Saturday May 26th.  
Leigh was supported in the Individualized Supports 6 program at the CLS.*

*Fayanne Kato who lived at 48B in Ladner passed away on May 9th in hospital.  
Fayanne was a few days shy of her 43rd birthday and had been supported by the CLS  
since 1994.*

*Mee Man lived at the Sardis home in Burnaby since May of 2016. She passed away  
on June 14th. Mee had recently turned 58.*

*We wish to express our condolences to the family, friends and support staff of  
Leigh, Fayanne, and Mee*



## Lots of exciting things happening at PotteryWorks !!

One of our photographers, Sheri Lynn Seitz, had her photo chosen by the City of New Westminster for the banners that line 6th street! She was over the moon when she got the news (and the cheque)!



James Lash, Dan Tell and Sheri Lynn Seitz have been awarded a two month show at the Anvil Center in New Westminster - April 1 - May 31, 2019. The show features paintings and photos of New Westminster. Until the show starts these beautiful works of art will be on display at the CLS Administration Centre.

Come and check them out.

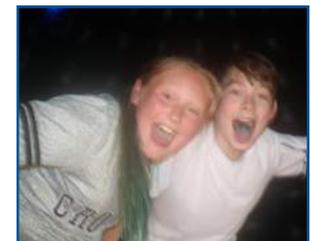
The studio's giclée printer that was generously donated by CLBC has been up and running! One of the first prints made was of one of artist Dan Tell's paintings. Dan later took the print to the CLBC office to give them as a 'thank you' gift! It was a huge hit!





On July 14th (probably the hottest day of the year) we had close to 400 people attend the CLS summer picnic at the Scandinavian Community Centre. Next year we may order some misting stations !! Even the slushie machine didn't work :). Regardless, it was a lot of fun and we would like to thank all of the volunteers who make this event possible.

- Thank you to the following donors for their generosity that put smiles on so many faces !!
- Bell Mobility
  - Studio73
  - PotteryWorks
  - Waves
  - Save on Foods
  - River Market
  - Shaw
  - Landmark Cinema
  - Pacific First Aid
  - Stevens Gloves
  - Vancity
  - Columbia Street Sandwich Company
  - Small Moves
  - ITC Construction
  - Shirley Moeller
  - The Old Spaghetti Factory





Individualized Supports planned a day at Cultus Lake for a BBQ and waterslides. Everyone had a good time getting to know others from different regions and it was a great success.

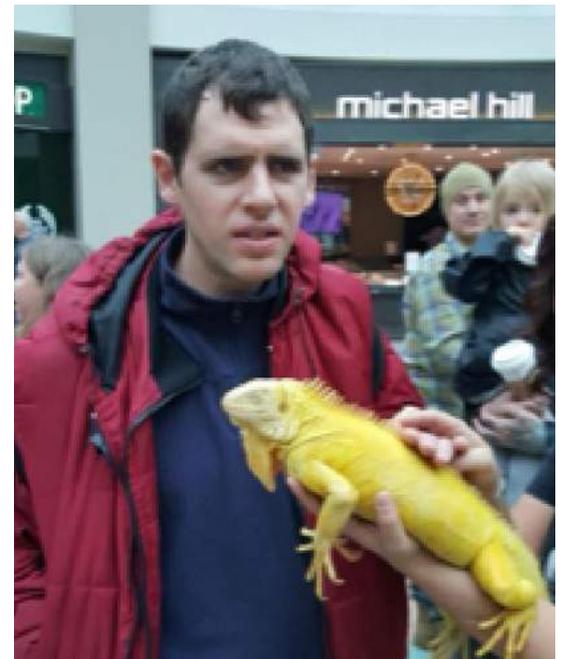


Individualized Supports had their annual BBQ at Williams Park. It was a great turn out and everyone shared some smiles while enjoying hot dogs and burgers. Thanks to all staff who participated.



In honour of Earth Day, Surrey Day Supports wanted to contribute to our community. Participants from all four of our locations joined up and cleaned Royal Kwantlen Park for our community to enjoy.

Andrew and Princina were at Seven Oaks Mall where there was a petting zoo. Andrew petted an iguana for the first time - and loved it.



Cedric volunteers at the Mission Food Bank every Friday Morning. He has a variety of tasks to accomplish during his shift. This picture shows Cedric working in the shelving area where he marks off the barcode on canned goods. When all

the cans are done, Cedric stacks them on the appropriate shelves. When he's finished working, Cedric is responsible for cleaning up the station where he has been working.



Cedric at the Mission ClayWorks, where he takes pottery classes every Wednesday Morning. In these photos, Cedric is working really hard at the wheel, flattening out the Clay, preparing it to start his projects. Cedric is getting it thinner, so it will be pliable to work with and to get out any bubbles that might be in the clay. He is working with his instructor as she assists him with the measuring gage. When the required thinness is reached Cedric takes the clay back to his work station and begins to work on the beautiful pottery projects.

Submitted by: Princina Rapanos, Counsellor - Individualized Supports

I have worked for a few different CLS Burnaby locations for the past 6 months and have been loving working for CLS, and the connections I've made with individuals that I've been fortunate enough to support. Here are some great photos from a group picnic outing we had at Burnaby Lake!

Submitted by: Megan Russell, Counsellor - Team Burnaby



Recently, Jasmine was meeting up with friends to do some shopping at Costco for the Surrey Day Supports programs. She travelled by bus and got there to find that they had blocked the pedestrian entrance with bars – this was done with the intent to prevent people from stealing carts, leaving only an 18" gap for people to walk through.

With support, she was able to flag down and talk to a parking lot attendant, who then summoned a manager. The manager came and looked at the bars and initially said "most of our customers come in their cars", but eventually agreed that everyone should be able to shop there and that restricting access only to those with mobility aids wasn't fair.

The manager left to get a team to fix the bars allowing access. A very helpful parking attendant named Robert, with a hi-vis vest, very cheerfully helped Jasmine to safely go into the store via the car entrance. After she finished shopping and having lunch, Jasmine made sure to leave positive feedback about the helpful people she encountered. Much to her delight, when she came out of Costco, the bar blocking access had been removed and she was able to safely walk back to the bus.

A big thank you to the people at Costco in Surrey, for not only validating the concerns about accessibility, but making the changes so quickly.

Submitted by: Jody Dickerson, Counsellor - Surrey Day Supports



# Employee Profile



**Dawn Berryman has worked for the CLS since 2008. She is currently the Coordinator for the Surrey and Burnaby Day Supports programs.**

**What brought you to CLS?** It's 2007 and I am a new mom. I get a wonderful year of maternity leave and ponder going back to work. I couldn't imagine leaving this beautiful baby in the hands of someone but me if not for a great opportunity to do good. What an amazing team CLS is.

**What is your favourite thing about being a team member of CLS?** Advocating for people we support and brainstorming ideas with the team and watch them become reality.

**When you were young, what did you want to be when you grew up?** Fighter Pilot

**If you could meet one person (dead or alive) who would it be?** My Dad. We are both so busy, we hardly see each other.

**Do you have a hidden talent, and if so, what?** I play clarinet

**What is a passion or hobby of yours?** I like to read and do puzzles. I once did a 300 mini piece Rick and Morty puzzle from my Loot Crate in one sitting.

**What is your favourite food?** Spaghetti!!!

**What is your favourite book?** I have lots. *The Sword of Truth* series by Terry Goodkind, *The Wheel of Time* series by Robert Jordan, *Stephanie Plum* series by Janet Evanovich.

**What is your favourite movie?** I don't know if I have seen my favorite movie, but I watch any movie that I have seen more than once. I have watched (or fallen asleep to) *Lord of the Rings* over 300 times. I used to use the music to fall asleep. Works like a charm.

**If you could go back in time, what year would you travel to?** 1993. Then I would tell myself to not quit Air Cadets. :)

**If you could travel anywhere in the world right now, where would you go?** Cuba

**What do you know for certain?** I will always need music and books. Always.

## Congratulations



Amanda Pike welcomed a baby boy on May 29th. Sheamus Jeffery Morley Simmons entered the world at 7 pounds 5 ounces. Amanda is the Coordinator at Rosewood.



Ivonne Flores is pleased to announce the arrival of her baby girl, Ariana Silva Flores, on May 15. She weighted 7 poundes 5 ounces. Ivonne is a counsellor with the Individualized Supports 3 team.



## Jo Dickey Foundation

The Jo Dickey Foundation was established to help mentally and physically challenged members of the community in improving their quality of life.

It is the mission of the Jo Dickey Foundation to help provide the funds necessary to afford these unique individuals a chance to live in respect and harmony with the rest of society. We welcome grant requests all year round; however, the best time is September to May as the Foundation is off June to August and grants requested during that time will be delayed. To find out more about the Foundation, donate, or apply for assistance, contact:

#310 - 800 West Pender Street  
Vancouver B.C. V6C 2V6

[www.jodickeyfoundation.ca](http://www.jodickeyfoundation.ca)

# Baking Party!



Hi, I'm Theresa, I love to bake & I'd like to share that with you! If you're interested in baking, I can bring my supplies to your kitchen and we'll have a baking party.

## You can:

- Learn how to make a cake or cupcakes
- Learn how to decorate with buttercream icing and other treats
- Get your own copy of the recipe
- Keep the treats you make!

To book a party email Roxanne at [rwiseman@communitylivingsociety.ca](mailto:rwiseman@communitylivingsociety.ca)



Eileen follows the recipe and learned how to bake her favorite banana bread muffins with her staff.

## Kaia's Kayaking Clinics



If you have not Kayaked before or just want a chance to get out on the water, This clinic is for people with varied abilities or barriers to paddling. I will offer a 2.5 hour class on the basics to be safe and enjoy a leisurely paddle in a tandem with a staff or family member. I have a questionnaire you can fill out to see if this class is right for you.

I am a certified Kayak Instructor ,level 1,with Paddle Canada. I have worked supporting people with disabilities for 4 years now and enjoy finding new creative ways to inspire the people I support . I can offer a safe and easy way for you to experience kayaking in a calm environment. Currently I have 2 locations, Port Moody, Rocky Point Marina, and Burnaby Deer lake. I will Offering clinics in June till September twice a month on Monday evenings and Saturday 10am . Space is limited to 6 people a clinic



## ADVENTURE, INSPIRE, CONNECTION

Contact me by email [kaiakent1@gmail.com](mailto:kaiakent1@gmail.com)

# Congratulations to the following employees who have now been with the CLS for five years or more in July, August and September 2018



Ralph Artiza	5
Ellen Manlulu	5
Roxanne Wiseman	5
Mona Purewal	5
Sheila McNeil	6
Mobeena Azad	6
Froilan David	6
Serena Inman	6
Megan Richter	6
Jetnor Martika	6
Jody Dickerson	7
Dale Eady	7
Anna Gao	7
Karen Bitz	9
Robert Kalalo	9
Penny Palak	9
Taylor Richards	9
Min-Jung Lo	9
Josephine Lozano	9
Shawn Dhillon	9
Samuka Dolley	9

Abdi Hussein	10
Jaspal Singh	10
Eduardo Villar	10
Josephine Wong	10
John Kopystecki	10
Cary McCarthy	11
Oliver Samonte	11
Avneet Sandhu	11
Brenda Henderson	11
Sean McLeod	11
Margie Miller	11
Nieves Acero	12
Cristina Caampued	13
Joseph Dube	13
Ausif Nawaz	13
Rosa Mejia-Gonzales	14
Jodi Leech	14
Nick Chitheka	15
Kushma Narain	15
Ahmad Shahlounezhad	15
Munira Vahanvaty	16
Jane Welch	16
Dave Coughtry	17
Rachel Strobl	17
Ali Hosseinzadeh	18
Max Sumner	18
Kevin McCarthy	18
Tomas Undurraga	18
Lisa Cameron	18

Duncan Williams	20
Shaun Vecchio	21
Marni MacGillivray	21
Harsha Soni	22
Dalibor Krnetic	22
Hassan Hussein	22
Tina Chevalier	23
Kevin Read	23
Anish Ahmed	24
Lily Frith	24
Ken Schulz	24
Jukka Tuisku	25
Wayne Adams	26
Janice Del Valle	27
Mike Wesko	28
Brad Peters	29
D'Alquen Jackson	29
Graeme Weeks	30
Jeanne Durnion	31
Trudy McClughan	36
Isnardo Jovellanos	37

## Congratulations!

**We would like to welcome all new CLS team members and congratulate the following employees who have recently been selected for these following positions:**

Huy Nguyen	Chief Financial Officer	Brad Peters	Assistant Coordinator - Eastlawn
Roxane Padmore	Assistant Coordinator - Holly	Julia Shaw	Assistant Coordinator - Madison
Alan James	Property and Fleet Manager	Narisa Riel	Assistant Coordinator - Rosewood
Corey Nonis	Coordinator - 216A	Carl Danroth	Coordinator - Eastlawn
Kesheiya Davidson	Coordinator - Southern		