

Canucks Super Fan!

By Nicki Roberts

It was just before Christmas when my husband and I were at a Canucks hockey game. I mentioned that I worked with an amazing man who is a Canucks Super Fan and I thought it would be so much fun to go to a game with him some day.

By the end of the following week I received a text photo of two Canucks tickets for me to share with my friend Paul. First I phoned Ted from Constructive Solutions to thank him for his donation of the tickets, then invited Paul to the game with me.

On December 20th, I picked Paul up from his house at L'Arche Crossing and we headed to the game! What a fun game date. We shared dinner and cheered as the Canucks won against the Winnipeg Jets. Paul was given a game puck from another fan and everyone around us joined in as we danced and cheered in our seats! I wanted to share the enjoyment that we had from the kind donation of these tickets from Constructive Solutions and the little birdy (George MacDonald from Metrocan Construction) that let Ted know about Paul - the Biggest Canucks Super Fan!!



INSIDE...

- Page 2 Employee Training
- Page 3 Update from the CEO
- Page 4 From the Archives
- Page 5 Summer Picnic
Jo Dickey Foundation
Find Support BC
Disabilities and Estate
Planning
In Loving Memory
- Page 6 2017 Employee Gala
- Page 7 Employment Development
Home Share
- Page 8 Happy Retirement
Aaron & Thomas
- Page 9 Sexual Health, Expression
& Safety
- Page 10 Pottery Works
- Page 11 Studio 73
- Page 12 Anniversaries & Promotions
Baby News

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Employee Training at the Admin Centre

Below are CLS staff who have recently participated in training sessions at the Admin Centre. Check out the CLS Training Calendar on Sharevision for learning opportunities!
<https://cls.sharevision.ca/CLS%20Training%20Calendar/Forms/AllItems.aspx>



The capacity to learn is a *gift*; the ability to learn is a *skill*; the willingness to learn is a *choice*.

- Brian Herbert

Update from the CEO

by Ross Chilton, CEO

While it certainly was a rather difficult winter, we can all hope for some nicer weather now spring is technically here. I thought I would take this opportunity to update all of you on a few things.

Provincial Election: On April 11th we will be formally into the midst of a Provincial election. As you likely know, participation voting rates are disappointingly low. We would like to be sure that everyone supported by the CLS who is interested in voting is given the opportunity to do so. Elections BC makes it very easy to register to vote online (www.elections.bc.ca), and to vote in advance of or on May 9th. Voting is a citizenship right and responsibility, and the more individuals who have disabilities vote, the more likely it is that the parties will respond to their interests. So please register, get informed about the party platforms, and vote!

Organizational Review: Emma Bloch-Hansen from WMC has recently completed her meetings with individuals supported by the CLS, families, employees, and management. Thanks to all of you (particularly those of you that travelled in the snow) for participating in the focus groups. Emma has also had the chance to consult with other leaders in BC, Australia, and Ireland about how they organize the delivery of efficient and responsive services. Over the spring and summer the CLS management team will review the results and consider what changes, if any, should be considered. This is part of our commitment to organizational responsiveness where we always work to ensure our approaches and policies align with our Mission.



Ross Chilton
Chief Executive Officer



Above are some of the people supported by the CLS who met with Emma Bloch-Hansen as part of the CLS Organizational Review process. Thank you to everyone who contributed in this process.

continued on page 4

continued from page 3

Website: A recent review of our website traffic revealed two main reasons people visit the CLS website.

- Many people visit our site to see if it is the kind of organization they would like to work for
- Families visit our site when they are looking for CLBC funded supports for their sons or daughters

We know that when families meet with us they tend to choose the CLS to provide support for their family member. Over the spring we will be working to provide information on our website in more efficient and effective ways. We will be incorporating videos to our site that will invite prospective employees and families to find out more about the CLS. Stay tuned for the launch of the updated site.

Increases to PWD Assistance Rates: Recently the Provincial Government announced a \$50/month increase in the individual disability assistance support rates. As you know the cost of living is increasing and we support regular and meaningful increases to the rates. Increasingly there is talk in Canada and beyond about the concept of a “basic income” that would ensure all citizens can afford a basic life regardless of their personal circumstances. We will continue to follow and contribute to the discussions on this important topic.

Family Support Institute (FSI): As you may know, we have contracted with FSI to provide support to families connected with the CLS. To date the feedback has been excellent. We remind families that they can confidentially seek support through FSI. The support may be provided by one of their professional Family Support Workers and/or through the extensive FSI Resource Parent Network.

Counselling for Individuals: CLS has contracted with Salley-Ann Ross, a Registered Clinical Counsellor, to provide confidential counselling to individuals involved with the CLS who request this assistance. It is provided at no cost to the individuals and has been very well received since



Jo Dickey Foundation
The Jo Dickey Foundation was established to help mentally and physically challenged members of the community in improving their quality of life.
It is the mission of the Jo Dickey Foundation to help provide the funds necessary to afford these unique individuals a chance to live in respect and harmony with the rest of society. We welcome grant requests all year round; however, the best time is September to May as the Foundation is off June to August and grants requested during that time will be delayed. To find out more about the Foundation, donate, or apply for assistance, contact:
#310 - 800 West Pender Street
Vancouver B.C. V6C 2V6
www.jodickeyfoundation.ca



Family Support Institute in partnership with KMK Law Corporation Present ...

DISABILITIES AND ESTATE PLANNING

RECORDED WEBINAR



Access the free recorded webinar here:
<https://vimeo.com/208379470>

KEN M. KRAMER, Q.C.
Mr. Kramer is the founder of KMK Law Corporation. His practice includes estate planning, administration, litigation and mediation.

Family Support Institute of BC
KMK Law Corporation
Barristers & Solicitors

From the Archives

32 years ago in April the Family Support Council developed a Monograph on Monitoring. From the Community Living Society Exploration - April 1985

The Principles Were:

- *The focus of all supports must reflect the strengths and needs of the individual being served.
- *A personal network must be in place to support the individual in making decisions and for assuring the quality of support services with, and on behalf of, the individual.
- *Access by the personal network to an individual being served must be unimpeded and complete.
- *A fixed point of responsibility must be in place to ensure accountability to the individual.

We must bring the core believes and values down from the clouds to the more mundane world where we all work, sleep, eat, be friends with, laugh and cry.



In Loving Memory

Bernard Mills, who was best known as Bernie, passed away on January 24th, 2017 at the Burnaby Hospital at the age of 76. Bernie loved to socialize with all those around him. He will perhaps be best remembered for his infectious smile, his wonderful laugh, and a delightful sense of humour that endeared Bernie to all those that met him. He will be forever remembered and in our hearts.

Sadly, we are announcing that **Rita Geroux** passed away in her 89th year on February 14, 2017. Rita lived with Linda and Caroline for almost 20 years at Norwood, until 2004 when she moved to Evergreen House. Rita was a bright light. We will miss her deeply.

We sadly report that **Shannon Bromley** passed away on March 28th. Shannon lived an amazing life in her short 24 years filled with friendship, fun and adventures. The Bromley family would like to acknowledge the great caregivers who supported Shannon to live her active, meaningful and independent life.

2017 Employee Awards Gala



On March 6th employees who celebrated milestone years of employment at the CLS attended a Gala at the Delta Burnaby Hotel. Congratulations to everyone !!!

This is the fourth year we have had two peer nominated awards. This year's nominees for these awards are:

Woodlands Parents Group Award

Nominees: Curtis Galbraith; June Sheck; Connie Clark; Ralph Artiza; Bruce DeBruyn

Winner: Curtis Gabraith - Ross Road, PCAS Team

Community Integration and Inclusion Award

Nominees: Graeme Weeks; Amanda Johnson; Jodi Leech; Teena Shaw; Curtis Galbraith; June Sheck

Winner: June Sheck - Surrey Access Centre

Thank you also to all of you, very dedicated, passionate and committed employees who were nominated by your peers, you all deserve our thanks and recognition. As well, a huge appreciation to the employees that took the time and energy to nominate one of their peers - truly valued.

Team Award

This year, in addition to our Service Awards and the Peer Nominated Awards, a new "Team" award has been introduced, whose nominations are voted on by the Management team. This is an award that recognises a team in CLS that deserves special recognition:

- A TEAM that has gone above and beyond others to embrace and live the CLS values
- A TEAM that has accomplished / achieved / reached a goal that has significantly enhanced and improved the quality of lives for individuals
- These accomplishments / contributions support the CLS Mission, Vision and Values
- The impact of this TEAM's contribution has enriched the supported individual(s), the CLS and the community
- A TEAM that has demonstrated a true TEAM spirit

There were several TEAM nominations this year:

- Person Centred Active Supports Team (JP Daspe; Curtis Galbraith; David O'Toole; Roxanne Wiseman)
- Waterfront Opportunities Centre Team (led by Hayley Yuill and Simon Cheesman)
- Surrey Access Centre (led by Dawn Berryman, Bailey DeBruin-Stam and Robin Russell)
- The PotteryWorks Team (led by Dee Blackmore)

Congratulations to all the teams nominated for their continued dedication, passion and commitment to augmenting the quality of lives for all those folk we support. The choices were very close and we are extremely pleased to advise you, that the **PotteryWorks Team tied with the PCAS Team for this inaugural TEAM Award!!!**

Employment Development

By Simi Bate, Employment Development Coordinator

Isaac is a young man who was referred to CLS Employment Services to help him find a job. He is currently studying at the University of Fraser Valley and still felt like he needed more enrichment in his life. I met with Isaac and his network to really dig into what makes him tick, his strengths and abilities. Isaac has a network that really cares about his health and welfare and definitely had some reservations about what this process would look like, not just in the beginning but after he found employment. Knowing up front what concerns Isaac's network had made my job a little easier as I was able to circumvent most of those concerns by dealing with them head on. I built a strong relationship with the employer and established 3 levels of supervisors for natural supports on the job for Isaac, to maximize the chances of success.

Isaac was very involved from the start. He would go online and look for jobs that he might like to do and bring them to his job coach's attention. That's how he found the job at the Regional Bottle Depot. He went down in person and asked to speak to a manager to hand in his resume. That turned into a call back for an interview with the plant manager. Isaac was well prepared for the interview and nailed it. He was called for a second interview and asked to do a two day paid shift to trial his fit for the position.

The two day trial was a success and Isaac was hired as a permanent part time sorter. On the first check in to get feedback from the employer they let me know how great of a job he was doing. He knows all the other staff's names, follows instructions to a tee, and asks questions. His direct supervisor really appreciates an employee that asks questions first rather than doing it wrong. Isaac has shown he knows when to do that.

Isaac went through rigorous transit training to make sure he can independently get to work on time. Isaac has said that he is very happy about this position - as it was his find. He is already calculating how much he will make every single pay check and what he is going to spend it on. Isaac's network has also said they are delighted to see how happy he is and that he seems more driven and motivated lately. Good job!

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Home Share

By Judith Copeland - CLS Home Share Coordinator

Some of you might not know very much about Home Share - and to be honest, until a couple of months ago, neither did I! Since starting as a Home Share Coordinator for CLS, I have learned a lot. I have learned that Home Share providers can be married, single, have small kids, grown up kids, no kids, work full time, be retired.....but the one thing that they all have in common (apart from an extra room or living space) is a willingness to open their homes, and their lives, to a supported individual. This offers that individual a safe, secure and caring home environment - a solid foundation on which to build. The focus may be on developing life skills with the aim of one day living independently. For others, a Home Share can last years, in some cases even decades.

One of the best parts of my job is that I get to meet some truly wonderful people, who by their dedication and commitment, allow individuals to grow and flourish, as part of a home and their community. While there can certainly be challenges, there are also many rewards. One Home Share provider described the individual as "the best teacher I have ever had".

If you would like to find out more about Home Share, or if you know someone who might be interested in becoming a Home Share provider, please get in touch with myself or my colleague Julie Maxim.

Contact Us:

Judith Copeland

E: jcopeland@communitylivingsociety.ca

C: 778.233-1982

Julie Maxim

E: jmaxim@communitylivingsociety.ca

C: 604.379-1262





Wanda Chamberlain recently retired from her long term position as Coordinator at the Duthie home. Wanda worked for the CLS for 22 years and will be dearly missed by Tom, Norm, Joslyn, their families, and her devoted team at Duthie.

Wanda's retirement party was lovingly planned by Tara Walker and her team and was well attended by many friends and family members. Wanda was presented with a watch on behalf of Jackie Maniago and Norm's family which she said she will wear with pride.

Thank you Wanda for your care and devotion to the residents of Duthie, and for your commitment to CLS over the years. Relax and enjoy this time of your life.



Top picture from the left is Joslyn, Wanda, Norman and Tom. Bottom picture from the left is Wanda's daughter, Wanda and Tara.

Way to go Aaron & Thomas!

Congratulations to Aaron M. (left) who aced his forklift training test (19/20), and received his forklift ticket! To the right, is Thomas B, who volunteers with Meals on Wheels Langley. Thomas has taken on the Fort Langley Route. Thomas is excelling at providing this important community service. Well Done Thomas!!



Sexual Health, Expression and Safety

by Hayley Yuill and Zane McCarthy

I have been a Coordinator for a day program on the North Shore for two short years. I love my job and the people I support, but from my early days, I noticed an obvious lack of sexual material regarding our folks. It became evident that many of the people I supported had little-to-no insight regarding their own sexuality or expression. I was approached, along with another counsellor from the Surrey Access Centre, to participate in a 6-week course on Sexual Health, Expression and Safety offered in partnership with the Lower Mainland Down Syndrome Society (LMDSS). The Instructor, Jessica Wollen of Shift Education offers a wide variety of services, from one-on-one sessions with students and parents to monthly drop-ins. Her website offers a plethora of downloadable resources available for purchase.

Jessica tailors these courses to the participants in attendance, in our case, three thirteen-year old boys and their parents. The boys in the class are all friends through the LMDSS. One is home-schooled and the other two attend different high schools in the East Vancouver-Burnaby region. One of the boys has a long-distance girlfriend in Australia whom he met on a cruise.

Much of the subject matter is determined by the attendees' requests. The course that formed was very much a resemblance of the sexual education classes you took around grade five. However, Jessica is greatly detailed and informative and she appropriately delves in to all sorts of tricky subject matter.

One of the most important things when discussing sexuality with a supported individual is the use of common language. For example, saying things like **"you are the boss of your own body"** as an empowering statement when talking about consent. YouTube videos are used throughout the course, my favorite being a tear-inducing video from the Pixar movie "Up" that wonderfully demonstrates a loving, natural relationship. Jessica also promotes the app Qustodio, for parental control and online safety, which was a major concern for the parents in the course.

The boys we studied with were well-versed in all things media, one even gave the example of Donald Trump as a man who "kisses and touches women without asking first."

The individuals I support are all adults over twenty, past the point of puberty. However, being able to sit in with the parents of these boys was a valuable experience. On the first evening they discussed their parental need and desire for protection and

the barriers that exist for them as far as their children making new friends in the community. Their biggest concern is exploitation and their children's interpretation and lack of understanding around being violated, exploited or abused. I think having both my colleague and I there, as workers seeking knowledge, provided the parents with a sense of ease that we were all in this together. I will never comprehend what it is like to raise a child with special needs, but I can strive to understand their concerns and hopes for the future.

Half way through the course I came to the sad realization that we, as a society, are quite far behind. Our post-institutional individuals are far less educated on sexuality than these youths, regardless of being in part of the school system or home-schooled. I can only imagine what support would look like had Shift Education been around when our Society first came into formation.

My advice to other supporters, parents or advocates in my position is to dive in to these seemingly difficult conversations. Encourage questions. Call a sexual health line (recommended: 1-800-SEX-SENSE). Ask your friends, family members or teachers. Use pictures, flash cards, drawings or dolls. The library is full of resources and information. Allow for the time and space to have the conversation, use common language and set boundaries. Not allowing secrets to be kept from mom and dad is a big way to discourage exploitation. We cannot be blind to the fact that healthy sexuality is crucial for everyone to lead a fulfilling life, regardless of our differences.

Note: the CLS recognizes that the difficult topic of sexuality is an important one, and will endeavor to include families and network members in these conversations whenever appropriate. The CLS continues to work with other community living organizations to implement ongoing training / educational opportunities for supported individuals and staff.





Pottery Works

Upcoming Events

L'ATELIER
SANDIE BELL
Artisan Gift Shop

Join us in celebrating the world of handmade giftware in our new Artisan and Gift shop.

My name is Sandie Bell and I am a Graphic Designer, textile fanatic and maker of all things pretty. We will be offering not only our handmade gifts but some giftware that we carefully pick to suit the style of our shop. We are slowly gathering our Artisan consignees and their goods as well as some of my own creations. I look forward to meeting all of you who have been wondering what we have been doing over the last month. Once we are established we will be offering a variety of classes as well.

4092 Hastings Street, Burnaby, BC
(near entrance from parking lot off Gilmore and Pease or through Cafe on Hastings)
Phone: 778.819.0620 | Email: sbell@lateliersandiebell.com
L'Atelier Sandie Bell | lateliersandiebell

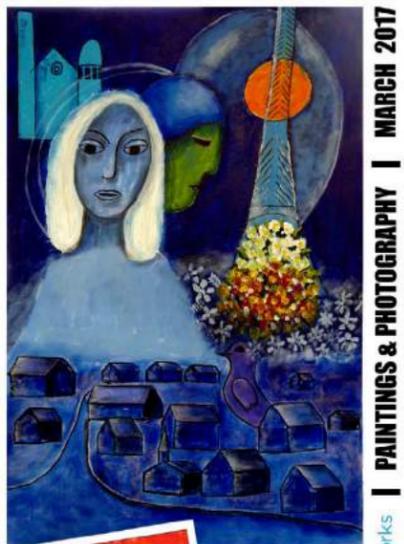
BOWL-A-RAMA

WE'RE HAVING A SALE AT BOTH OUR STUDIO & RIVERMARKET LOCATION!!

50% OFF SELECT BOWLS

Pottery Works

Studio & Shop: 612 Victoria Street, New Westminster | Tel: 604-553-7332
Rivermarket Shop: 810 Quayside Drive, New Westminster | Tel: 604-349-4109



PAINTINGS & PHOTOGRAPHY | MARCH 2017

Coming Home Café

Monday Closed
Tuesday Closed
Wednesday 9AM-2:45PM
Thursday 9AM-2:45PM
Friday 9AM-2:45PM
Saturday 9AM-2:45PM
Sunday 9AM-2:45PM

753 6TH ST, NEW WESTMINSTER

Pottery Works Now open for your special events, classes, and workshops! Sponsored by **CLS**

Monday Evenings
Wheel throwing with Teena Shaw

Tuesday Evenings
Hand building with Emma Fitzgerald

Every other Saturday
Children's workshops at Rivermarket

612 Victoria Street
New Westminster
604.553.7332
778.227.1081

Website: www.potteryworks.ca | f PotteryWorks-CommunityLivingSociety
Email: potteryworks@communitylivingsociety.ca | @PotteryWorksCLS

73 studio seventy three

We are happy to say that we have been running fused glass classes since December. Our phone started ringing a little more after we had a substantial article in the local newspaper. With more people discovering our store in Newton we have been able to put our customer service practice into play - operating the till and debit machine, handling incoming and outgoing calls, sending and receiving emails and of course face to face interactions. Harpreet has been sharing her knowledge of processing the accounts with others that are interested in learning. We participated in a community event that took place in Newton. - a Virtual March for Peace, Unity and Compassion and was aired on Joy TV.

Studio73 initiated a local Pink Shirt Day Awareness event. We teamed up with the Surrey Business Improvement Association and the Newton Commissionaires. Prior to pink shirt day we visited local businesses to ask them to show their support for the important message to put a **stop to bullying** by wearing pink on feb27th and posting awareness flyers on pink shirt day. We then visited everyone again to take pictures to share on social media. It was great fun and we met a lot of people along the way. We've been busy displaying our glass at different venues and have attended a few sales as well. We are now selling for 7 local community artists and have just sold 3 paintings. We are very excited!

Vancity has been keeping us very busy. We have displayed our art in various branch showcases. They also placed a large order of coasters to gift to their members, purchased an order of sun catchers for the Annual Surrey Women in Business Awards - an event hosted by The Surrey Board of Trade. One of these sun catchers went home with Margaret Trudeau! At the moment we are preparing items to sell at their AGM coming which is in May. Vancity also sponsored us to attend the Real Talk Summit in Vancouver - an event that included world class speakers and business owners talking about what it takes to succeed in business, make an impact, and elevate their brand.

We've had a busy start to the year and we look forward to many more successes.



Out & About in the Community



Congratulations to the following employees who have now been with the CLS for five years or more in April, May and June 2017



5-9

years



10-19

years



20+

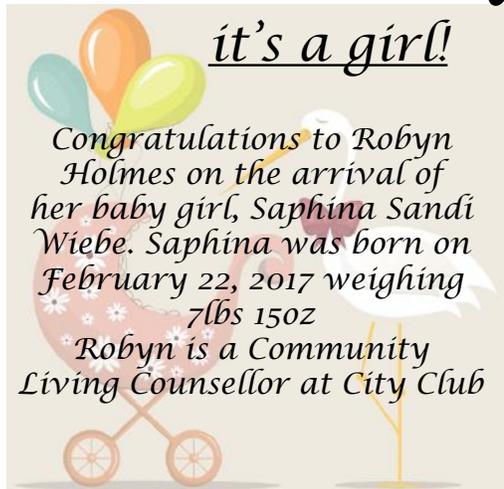
years

Monica Dowdell	5
Michael Turner	5
Sylvia Helmhold	5
Isla Powell	5
Julie Lampitt	5
Evan Fragoso	5
Arlene Sheppard	5
Chantelle Hyde	5
Cindy Williams	6
Lili Marian	6
Matthew Cale	6
Danielle Holtjer	6
Brandie McDonald	6
Hamid Khatami	7
Norm Jang	7
Elena Unabia	7
Katelyn Lund	7
Emmanuel Johnson	7
Jennifer Hart	8
Dawn Berryman	9
Leilani Mapanao	9
John Davidson	9
Alan James	9
Gregg Kiely	9
Terry Greenwood	9

Bel Acero	10
Patricia Rhone	10
Shu-Chi Wang	10
Janet Maure	10
Simi Bate	10
Jared Gillard	10
Ali Fard-Behbahani	10
Ruki Lawal	10
Ross Chilton	10
Natalie Philp	11
Comfort Coker	11
Dominique Gard	12
Chris Hopkinson	12
Chad Ford	12
Michelle Wilson	15
Evelyn Tunac	16
Shammi Singh	16
Dee Blackmore	17
Kelly Hooper	17
Yvonne Fraser	17
Tony Maravilla	17
Jackie Farmer	18
Mobina Ali	18
Alex Francois	19
Purnima Maharaj	18
Kulwant Sidhu	19

Carl Danroth	20
Marcela Herrera	21
Dawn Mahovlich	22
Wennie Tabobo	22
Ginny Lord	22
Kasia Hislop	22
Patricia Powell	23
Greg Joiner	24
Delia Fabros	24
Daniel Watson	25
Connie Lumayag	25
Tracy Quinn	25
Teena Shaw	26
Elke Tilgner	27
Francine Seaman	29
Lenore Frank	30
Farren Gillaspie	34

Congratulations



We would like to welcome all new CLS team members and congratulate the following employees who have recently been selected for these following positions:

- Paula Reeves, Acting Coordinator - Sardis
- Kimberly Robson, Coordinator - WOC
- Christina Montonen, Assistant Coordinator - Maginnis
- Natalie Dang, Assistant Coordinator - Kingsway
- Robin Russell, Assistant Coordinator -SAC
- Lovette Roberts, Acting Assistant Coordinantor - Sardis
- Katarina Halaszova, Admin Assistant - Admin Centre
- Carly Bartlett - Assistant Coordinator - Kingsway